

She listens to angels

If you've always wondered whether guardian angels really exist, Audrey Agcaoili-Elicano is the one to ask. The 36-year-old believes they do – she has seen and spoken to many of them, she says, describing them as nebulous and colourful shapes who send messages through her to their charges.

Audrey works as an angel channeller. For those who don't possess the gift of speaking to angels, she says, she will do so on their behalf, to seek answers to life's questions. Sometimes, she "talks" to your guardian angel, sometimes to the other angels around you, by paying attention to the voices in her head.

Does that make her a fortune-teller or magician? She is quick to clarify she's neither; just a messenger who helps bring a little hope into people's lives. And who doesn't like angels, those wellsprings of goodness who are a picture of loveliness?

Most of her clients come to her for help in sorting out their muddled thoughts. She sees them at Whatever Yoga & Healing Space or in her Loyang condo. "Some people come to me thinking I can read the future, but I can't. They ask: 'When will I be rich?' I can't tell them that," she says. "I offer words of encouragement, comfort, advice and guidance from the angels, but not prophecy. They have to decide on what to do next."

This mother of four boys, who was a hotel and restaurant management major and cafe owner, says her ability to channel angels came to her naturally. Her family told her that, at six, she was seen talking to her dead uncle's spirit while standing next to his coffin. That freaked them out. But five years ago, she suddenly saw a vision of her late grandmother who died 25 years ago. "I started writing in a Filipino dialect I wasn't familiar with at all," she recalls.

Then she started having recurrent dreams that depicted her as a counsellor and healer. "I couldn't believe it because that meant I had to help people. I'm very shy and normally don't like speaking to strangers."

She had a bumpy start when she decided to live out her dreams. With no one to guide her, she learnt from experience. Her husband was afraid of her angelic epiphany initially, but came around when he realised that the message given to her by her late grandmother was full of love and encouragement.

These days, the bank executive gets involved with his wife's business by helping her prepare her lesson notes.

Audrey's life now revolves around organising workshops, angel readings, mini retreats and meditation classes.

She thinks the world is a better place knowing that there are spiritual beings looking out for her, which lends her the courage to explore life without fear. **HW**

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Audrey Agcaoili-Elicano, 36, angel channeller

